

DHS PHYSICAL EDUCATION SYLLASBUS

PE 1

FALL SEMESTER

INSTRUCTOR : JIM RAYMOND

1. COURSE DESCRIPTION AND REQUIREMENTS

The Physical Education program at Dorman High School is designed for students in Team sports to: (1) demonstrate competency in a variety of physical activity; (2) participate regularly in a variety of physical activities.

One day a week there will be classroom work. A fitness gram pre and post test will be taken.

2. ACTIVITIES

Students will be offered the opportunity to participate in the following activities: Basketball, Badminton, Flag Football, Handball, Ultimate Frisbee, Soccer, Ping pong, Volleyball, Softball. There will be learning of skills, rules and terms.

3. MATERIALS NEEDED

Tennis shoes, shorts, t-shirts, and socks. The student must change clothes before and after class.

4. GRADING POLICY

20 points per day (70%)

5 points = Dress out (t-shirt, shorts or sweat pants, sneakers)

5 points = warm up (stretch and jog)

5 points = participation (taking part in the activity)

5 points = effort (cooperating with teammates and attempting fully)

Written and skills test on each activity (10%)

Project (10%)

Exam (10%)

5. FAILURE TO DRESS OUT

1ST Time – Parental Contact & 20 points off weekly grade

2ND Time – Parental Contact, Before school detention & 20 points off weekly grade

3RD Time and each time thereafter – REFERRAL to office & 20 points off weekly grade

**** Students unable to physically participate must have a note from home.****

**** Doctors note for extended illness or injuries.****

6. CLASSROOM RULES AND PROCEDURES

1. Follow all school rules
2. Arrive to class prior to the tardy bell.
3. When dressing out, report to designated seat.
4. Only have 7 min to dress for class. (locker room will be locked)
5. After student has left locker room, restroom is closed.
6. Dress out rain or shine, unless instructed otherwise.
7. Don't handle equipment until instructions have been given.
8. No cell phones, ipods, or other electrical devises.
9. No food, drinks, gum or candy in the gym.
10. Get permission before leaving assigned area.
11. Valuables should be left at home. **Lock all other property in locker.**
12. Lockers and locks will be provided.
13. Lost locks will result in a \$5.00 charge.
14. Any questions refer to rule #1

7. CONSEQUENCES

1ST Offense – Warning

2ND Offense – Teacher Conference with student

3RD Offense – Office referral and/or parent contact

** Extreme disruptions will result in immediate office referral and/or ISS. **

8. COMMUNICATIONS

Feel free to contact me if you have questions or concerns call 582-4347 ext. 1192 or email Raymondjc@spart6.org . If there are any Health issues that need to be address write, call or emails those to me.

Sincerely

Coach Raymond

Student signature _____ Date _____

Parent signature _____ Date _____