

**DORMAN HIGH SCHOOL  
ADAPTIVE PHYSICAL EDUCATION  
INSTRUCTOR: COACH BOBO**

**1. COURSE DESCRIPTION AND REQUIREMENTS**

The adaptive physical education program at Dorman High School is designed for students to:

1) demonstrate competency in a variety of physical activities; 2) participate regularly in a variety of physical activities

**2. ACTIVITIES**

Students will be offered the opportunity to participate in the following activities: softball, basketball, ultimate Frisbee, ping pong, badminton, flag football, tennis, and volleyball.

(Facility availability and weather conditions may limit some choices)

Students will begin each class with a warm up period consisting of a combination of jogging and walking as well as stretching.

**3. MATERIALS NEEDED EVERYDAY**

Students will need tennis shoes, shorts, t-shirts, and socks everyday.

**\*\*\*STUDENTS DRESS OUT CLOTHES MUST COMPLY WITH SCHOOL DRESS POLICY**

**4. GRADING POLICY**

Students are graded on a 20 point day. Failure to participate will result in the loss of all 20 points for that day.

**5. CLASS RULES/PROCEDURES**

Follow school rules

Food and drinks not permitted in class

In gym and seated **BEFORE** tardy bell

Respect yourself and others

**NO CELL PHONES OR ELECTRONICS DEVICES ALLOWED**

**6. DISCIPLINE PROCEDURES**

1<sup>st</sup> offense: warning and parent contact

2<sup>nd</sup> offense and above: office referral and parent contact

**\*\*\*EXTREME DISTURBANCES RESULT IN IMMEDIATE OFFICE REFERRAL**

**7. PARENT COMMUNICATION**

Feel free to contact me if you have any questions or concerns through Voice-mail at 582-4347(ext. 1143) or e-mail at [bobot@spart6.org](mailto:bobot@spart6.org).

Sincerely,

Coach Bobo

Student's signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_